

News Coverage

Berita Suria

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Summary translation of news coverage

Singapore is the most prepared in Asia to handle the challenges of an ageing population

Berita Suria featured initiatives to keep seniors active and healthy. In a study by the National University of Singapore and Columbia University, Singapore was ranked first for its preparation to handle the challenges of an ageing population. Some of the areas include accessibility and health services for seniors. Between 2025 and 2027, the government will allocate \$140 million to enhance facilities in Active Ageing Centres (AACs). In 2024, there were 60 new AACs, bringing the total to 214 centres. Mdm Rahayu Mahzam, Minister of State, Ministry of Digital Development and Information & Ministry of Health, encourages more seniors from the Malay community to participate in the AACs.

Siti Aishah, Lead Centre Manager from Thye Hua Kwan Moral Charities, shared that the activities in AACs help seniors stay active, socially connected, and more involved in the community. There are also programmes tailored to cater to the seniors' unique needs. Mdm Fatimah, an active senior from **THK** AAC @ Bedok, encourages other seniors to join AACs to stay socially active, be happy, and keep illnesses at bay.